



DSC Summer 2023

August 8-18, 2023

Week 6: August 8-11, 2023 - Southside (10525-72 Avenue)

		Monday	Tuesday	Wednesday	Thursday	Friday
Apr 8/23		Victoria Day	Southside	Southside	Southside	Southside
4:45	5:00		Star 6- Gold Pre-Juvenile-Senior	Star 6- Gold Pre-Juvenile-Senior	Star 6- Gold Pre-Juvenile-Senior	Star 6- Gold Pre-Juvenile-Senior
5:00	5:15					
5:15	5:30					
5:30	5:45					
5:45	6:00		Star 2-5	Star 2-5	Star 2-5	Star 2-5
6:00	6:15					
6:15	6:30					

Week 7: August 14-18, 2023 - Kinsmen Arena (1979-111 Street)

		Monday	Tuesday	Wednesday	Thursday	Friday
Apr 8/23		Kinsmen	Kinsmen	Kinsmen	NO ICE	Kinsmen
4:00	4:15	Star 6- Gold Pre-Juvenile-Senior	Star 6- Gold Pre-Juvenile-Senior	Star 6- Gold Pre-Juvenile-Senior		Star 6- Gold Pre-Juvenile-Senior
4:15	4:30					
4:30	4:45					
4:45	5:00					
5:00	5:15	Star 2-5	Star 2-5	Star 2-5		Star 2-5
5:15	5:30					
5:30	5:45					

*Subject to changes

Level based on freeskate assessment				
LEVEL	Assessment	Podium Pathway Level	Starskate Level	Jump requirement
Senior	passed Star 8 or	Juv, Pre-Nov to Senior	Star 8-Gold	4 doubles landed
Int A U15	passed Star 6 or	Pre-Juv	star 5*-7	2 doubles
IntB U12	passed star 2		star 3-5	axel
Int B 12+	passed star 2		star 3-5	
Int Star12+	passed star 2		star 3-8	
Jr/JrPrep U12	working on star 1-2		star 1-3	

*have competed at Star 5