



INTRODUCTORY FIGURE SKATING **ACADEMY (IFSA)** **MARCH 2021 PROGRAMS SCHEDULE**

This class is designed for skaters between the ages of 4 and 8 (boys age 9) that show a natural affinity for figure skating. With a curriculum aimed at developing solid fundamentals in a fun, progressive and sequential manner, skaters are prepared for entrance into Skate Canada's STARSkate or Competitive Skate Programs. Our coaches introduce figure skating specific skills to include edges and turns, beginning jumps and spins, performance, and off ice training.

IFSA is an invitation only program.

Skater must be 8 years old or younger (boys 9) as of July 1, 2020

ON Ice SCHEDULE:

On Ice class consists of small group lesson/practice on ice

Thursdays	Kinsmen Arena 1979-111 Street	March 4 – 25, 2021 (4 weeks)	6:45-7:30 pm on-ice (45 min/week)
Saturdays	Southside Arena 10525-72 Avenue	March 6 – 27, 2021 (4 weeks)	8:45-9:30 am on-ice (45 min/week)

** Registration fee is inclusive of all ice time and coaching fees for both on ice and off ice sessions.

** **Off Ice** will be scheduled for 2 times/week. All Off Ice classes will be conducted via Zoom Meetings.

Zoom links will be shared after registration.

** Schedules for off-ice are currently in development. Information will be circulated when complete.

More information and registration links can be found on our website at www.derrickskating.ca under the "Skating Program" then "Introductory Figure Skating Academy".

For further information or questions, please contact: office@derrickskating.ca.