



# SPRING 2021 Learn to Skate Schedule

## CanSkate (5-year-old skaters who have passed the DSC Pre-CanSkate 4 and meet the requirements noted below)

Day	Time	Location	First Class	Last Class	Omit Dates	Details
Thursday	2:00-2:45 pm	Southside Arena: 10525-72 Ave	April 8, 2021	May 20, 2021	No omit dates	7 classes (45min/week); <b>\$129.50</b>
Thursday	6:15-7:00 pm	Southside Arena: 10525-72 Ave	April 8, 2021	May 20, 2021	No omit dates	7 classes (45min/week); <b>\$129.50</b>
Saturday	9:45-10:30 am	Southside Arena: 10525-72 Ave	April 10, 2021	May 22, 2021	No omit dates	7 classes (45min/week); <b>\$129.50</b>
Saturday	10:45-11:30 am	Southside Arena: 10525-72 Ave	April 10, 2021	May 22, 2021	No omit dates	7 classes (45min/week); <b>\$129.50</b>

## Advanced CanSkate (by invite only)

Saturday	8:45-9:30 am	Southside Arena: 10525-72 Ave	April 10, 2021	May 22, 2021	No omit dates	7 classes (45min/week); <b>\$129.50</b>
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## 4-year-old CanSkate (4-year-old skaters who have passed the DSC Pre-CanSkate 3 and meet the requirements noted below)

Saturday	11:45-12:30 am	Southside Arena: 10525-72 Ave	April 10, 2021	May 22, 2021	No omit dates	7 classes (45min/week); <b>\$129.50</b>
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## Parent & Tot (2-5-year-old skaters who have little or no skating experience for the skater)

Thursday	2:05-2:40 pm	Southside Arena: 10525-72 Ave	April 8, 2021	May 20, 2021	No omit dates	7 classes (35min/week); <b>\$129.50</b>
Saturday	11:50-12:25 pm	Southside Arena: 10525-72 Ave	April 10, 2021	May 22, 2021	No omit dates	7 classes (35min/week); <b>\$129.50</b>

### CanSkate, Adv CanSkate & 4-yr-old CanSkate Requirements:

- Skaters **MUST** be able to fall-down and stand up on their own, as well as move forward unassisted. There will be no refunds for skaters who are unable to do so and cannot participate.
- NO beginner or “new to skating” skaters permitted at this time.

### Parent & Tot Requirements:

- The “Parent” must have skating experience, be well-balanced moving forward/backward, and be able to support their skater. The “Parent” can be any family member, over the age of 15, and must be the same person for the duration of the program.
- The Equipment Information pertains to both the skater registered & the parent accompanying.

### ALL PROGRAMMING -EQUIPMENT INFORMATION:

- Please purchase skates with laces (not plastic skates with buckles). No skates with adjustable sizes.
- A well-fitted CSA approved hockey/skating helmet is required. Bike, ski, or other helmets not permitted.
- Skate guards for walking are required for all skaters.
- Skaters must wear clean gloves/mittens. These should be washed weekly.

### ALL PROGRAMMING -COVID SAFETY:

- **A mandatory 30-min Zoom info meeting prior to the start of the sessions. Tues April 6<sup>th</sup> at 8:00 pm.**
- There will be NO hands-on assist offered. All coaching will be through demonstration and verbal instruction. Teaching aides will be limited to those that can be sanitized.
- Coaches are NOT permitted to touch or adjust ANY skater equipment (including but not limited to skates, helmets, gloves, and non-medical masks).
- SMALL group in line with Provincial & Skate Canada guideline to promote physical distancing.
- No Adult CanSkate, Pre-CanSkate, or Inclusive Skating will be offered at this time.
- Please plan for no use of dressing rooms. Skaters need to arrive “ice ready” (skates, helmets, and gloves on). The use of skate guards is mandatory as skaters may need to walk on unprotected surfaces when entering/exiting the ice surface and arena facility.
- Non-medical masks are strongly recommended for skaters during their class. Coaches, staff, parent, and volunteers will always be wearing masks.
- NO spectators are currently permitted by City of Edmonton regulations.
- Supervising parent/guardian is required to stay on the premise in their cars for the duration of the class. In the event of an emergency, the phone number on file will be called and they will be asked to come into the facility.
- Prior to each class, skaters will be checked in and a verbal Health Screening will be conducted. Skaters who have any symptom of illness are NOT permitted to attend their classes, even if symptoms resemble that of a mild cold. **For the health and safety of all, please be honest and vigilant during this time.**
- Subject to changes based on Provincial guidelines and program requirements.