

MARCH 2021 Learn to Skate Schedule

CanSkate

Day	Time	Location	First Class	Last Class	Omit Dates	Details
Thursday	1:30-2:15 pm	Kinsmen Twin Arena	March 4, 2021	March 25, 2021	No Omit Dates	4 classes (45min/week); \$74
Thursday	6:45-7:30 pm	Kinsmen Twin Arena	March 4, 2021	March 25, 2021	No Omit Dates	4 classes (45min/week); \$74
Saturday	9:45-10:30 am	GSH Southside Arena	March 6, 2021	March 27, 2021	No Omit Dates	4 classes (45min/week); \$74
Saturday	10:45-11:30 am	GSH Southside Arena	March 6, 2021	March 27, 2021	No Omit Dates	4 classes (45min/week); \$74
Saturday	11:45-12:30 pm	GSH Southside Arena	March 6, 2021	March 27, 2021	No Omit Dates	4 classes (45min/week); \$74
Advanced (<mark>CanSkate</mark> (by invite	e only)				
Saturday	8:45-9:30 am	GSH Southside Arena	March 6, 2021	March 27, 2021	No Omit Dates	4 classes (45 min/week); \$74
Parent & T	<mark>ot</mark>					
Thursday	1:35-2:10 pm	Kinsmen Twin Arena	March 4, 2021	March 25, 2021	No Omit Dates	4 classes (35min/week); \$74
Saturday	9:50-10:25 am	GSH Southside Arena	March 6, 2021	March 27, 2021	No Omit Dates	4 classes (35 min/week); \$74

CanSkate & Advanced CanSkate Requirements:

- Skaters <u>MUST</u> be a minimum of 5-years of age and have passed the Derrick Skating Club Pre-CanSkate 4.
- Skaters <u>MUST</u> be able to fall-down and stand up on their own, as well as move forward unassisted. There will be no refunds for skaters who are unable to do so and cannot participate.
- NO beginner or "new to skating" skaters permitted at this time.

Parent & Tot Requirements:

- For skaters 2-5 years of age; little or no skating experience is required for the child.
- The "Parent" must have skating experience, be well-balanced moving forward/backward, and be able to support their skater. The "Parent" can be any family member, over the age of 15, and must be the same person for the duration of the program.
- The Equipment Information pertains to both the skater & the parent.

ALL PROGRAMMING -EQUIPMENT INFORMATION:

- Please purchase skates with laces (not plastic skates with buckles). No skates with adjustable sizes.
- A well-fitted CSA approved hockey/skating helmet is required. Bike, ski, or other helmets not permitted.
- Skate guards for walking are required for all skaters.
- Skaters must wear clean gloves/mittens. These should be washed weekly.

ALL PROGRAMMING -COVID SAFETY:

- There will be NO hands-on assist offered. All coaching will be through demonstration and verbal instruction. Teaching aides will be limited to those that can be sanitized.
- SMALL group with 4 skaters to 1 professional coach; maximum of 16 skaters on the ice to promote physical distancing.
- No Adult CanSkate, Pre-CanSkate, or Inclusive Skating will be offered at this time.
- Coaches are NOT permitted to touch or adjust ANY skater equipment (including but not limited to skates, helmets, gloves, and non-medical masks).
- Please plan for no use of dressing rooms. Skaters need to arrive "ice ready" (skates, helmets, and gloves on). The use of skate guards is mandatory as skaters may need to walk on unprotected surfaces when entering/exiting the ice surface and arena facility.
- Non-medical masks are strongly recommended for skaters during their class. Coaches, staff, and volunteers will always be wearing masks.
- NO spectators are currently permitted by City of Edmonton regulations.
- Supervising parent/guardian is expected to stay on the premise in their cars for the
 duration of the class. In the event of an emergency, the phone number on file will be
 called and they will be asked to come into the facility.
- Prior to each class, skaters will be checked in and a verbal Health Screening will be conducted. Skaters who have any symptom of illness are NOT permitted to attend their classes, even if symptoms resemble that of a mild cold. For the health and safety of all, please be honest and vigilant during this time.
- A mandatory 30-min Zoom info meeting prior to the start of the sessions. Wed March 3, 2021 at 8:00 pm.
- Subject to changes based on Provincial guidelines and program requirements.

Arena Locations: Kinsmen Twin Arena: 1979-111 Street George S. Hughes Southside Arena: 10525-72 Avenue