



# **DSC Ice Etiquette Guideline**

## **2020-2021 Season**

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### **FOR SKATERS, PARENTS AND COACHES**

The **DSC Etiquette Guidelines** ensure the safety of all skaters and coaches during our sessions. Due to insurance requirements, only registered Skate Canada members are permitted on the ice, except in a medical emergency.

#### **Skaters:**

- Are permitted on the ice only when a coach or adult age 18 and over is present in the arena.
- Do not step on the ice until Zamboni door is closed.
- Must only skate on sessions qualified for.
- Are always expected to be moving/training when on the ice.
- Are expected to inform their coach whenever they leave the ice.
- Always look both ways when leaving the boards and in the direction of travel.
- Must get up immediately if you fall unless you are hurt. Keep your head up and watch for fellow skaters.
- Must practice safely. Generally, jumps are to be practiced on jump patterns and at the ends of the rink and spins in the middle.
- Must wear appropriate skating/athletic attire for all on ice and off ice sessions.
- Must have hair pulled back from the face at all times. Hair elastics and/or athletic headbands are acceptable.
- Are to put their skates on in the designated dressing room (not the stands).

#### **Music Playing/Requests:**

Skaters must request a coach to play their program music. Skaters are not permitted in music area nor permitted to use devices. See DSC Return to Skating guidelines.

#### **Ice Session by Discipline:**

Senior – Freeskate and Pairs only

Intermediate A – Freeskate and Pairs only

Intermediate B – Freeskate. Skills permitted in lessons only

Junior/Junior Prep– all disciplines

Morning Ice – Edge Classes and non jump sessions; skills and dance permitted

#### **Right of Way on the Ice:**

1. Skater in Harness
2. Pair Teams
3. Skater in lesson with music
4. Skater having music played
5. Skater in a lesson



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- Skaters skating to music and/or in a lesson should let other skaters know they are approaching and say "EXCUSE ME" in a polite, strong, voice
  - All skaters are to keep moving and be aware of surroundings

### **General Etiquette**

- Be courteous to other skaters, coaches, officials, parents, rink employees and visitors at all times. Expect the same in return.
- Respect the rights, dignity and worth of all participants regardless of gender, ability, cultural background, or religion.
- No food or gum should be taken on the ice. Plastic or aluminium water bottles are acceptable but must be left at designated spot the boards.
- Show consideration for coaches and other skaters in lessons during a session. A private lesson should not be interrupted unless there is an emergency.
- Spectators are currently not permitted in the building. When permitted, spectators, including parents of skaters, are encouraged to watch quietly from the viewing areas and to refrain from conversing with or offering directions to the skaters on the ice.
- Skaters and coaches must remove all items (music, sweaters, gloves, tissues, etc) from the boards at the end of the session.
- No chasing, following, or pushing of any kind is permitted.
- Inappropriate, disruptive, profane, or abusive behaviour, language, gestures, or actions will not be tolerated from anyone, on ice, off ice and/or at skating competitions and events.