



Derrick Skating Club

Pure Sk8

Susan Humphreys-St. Martin

Owner/Head Instructor

Susan represented Canada as a member of Canada's National Team for 6 years. During that time she was a member of the 1994 Olympic Team, a two-time World Team Member, and a 5 time Canadian National Medallist. In 1997 she became the Canadian Champion.

As a parent with three children, including two boys playing competitive hockey, she has been able to translate her experiences into an understanding of skating that provides technical support for developing hockey players. Susan's years of competing as an elite athlete combined with her years of coaching after retiring from competitive sport have paved the way for her transition to hockey.

Pure Sk8 is a result of combining her passion for skating with her enthusiasm of seeing players improve their skills. Susan is inspired by the challenge of bringing out the best in young athletes.

Experience & Credentials

Personal Achievements

6-time Canadian National Team Member
1993-1998
5-time National Medallist
2-time World Team Member
1994 Canadian Olympic Team Member
1997 Canadian Champion
2018 Inductee into the Moose Jaw Sports
Hall of Fame

Coaching

NCCP Level 1 Certified
NCCP Level 3 Technical & Practical
Certified First Aid
Studied Elementary Education, University of
Alberta
Skate Canada Certified Coach
Member of World Olympians Association

Experience

2015-2016: Head skating instructor with David Pelletier for SWAT Hockey 2015-2016.
Competitive Program: Tiers 1-3, Novice, Atom, and Pee-Wee.
2016-present: Head Skating Instructor for SWAT Hockey Competitive Program. Tiers 1-3,
Novice, Atom, and Pee-Wee.
2015-present: Lead instructor for tiers 4-8 development for SWAT Hockey and current
SWAT Powerskating Instructor for Competitive Program.
2013-2017: Junior Golden Bears Spring Hockey Teams Skating Instructor and Consultant.
2016-2017: Powerskating Instructor at Mount Carmel Hockey Academy.
2017-2018: Powerskating Guest Coach at Agent Camp for WHL Prospects.
2017-2018-present: Powerskating Instructor: [BREAKOUT HOCKEY](http://www.breakouthockey.ca) summer camps with
Sean Brown. www.breakouthockey.ca
2018: Skating Instructor for 2006 HSL Edmonton Ice