

**Derrick Skating Club Fall/Winter 2010 2011 Skating Schedule**  
**Tuesday, September 7, 2010 - Saturday, March 26, 2011 Confederation Arena**

	Monday	Tuesday	Wednesday	Thursday	Friday		
6 am - 7 am			OPEN		OPEN		
1:30 - 2:00				Pre/Canskate			
2:00 - 2:30				CanPower			
2:30 - 2:45		Pre/Canskate					
2:45 - 3:00					Flood		
3:00 - 3:15		Pre/Canskate		Int/Sr Stroking			
3:15 - 3:30					Int/Sr Dance		
3:30 - 3:45		Flood		Int/Sr Skills	Int/Sr Free		
3:45 - 4:00	Int/Sr Dance	JD	JR Dance	OPEN	Int/Sr Free		
4:00 - 4:15	Int/Sr Skills	JD	JR Free	OPEN	Int/Sr Free		
4:15 - 4:30	Int/Sr Free	JD	JR Free	OPEN	Int/Sr Stroking		
4:30 - 4:45	Int/Sr Free	JD	JR Free	OPEN	Int/Sr Dance		
4:45 - 5:00	Int/Sr Free	JD, JR Int/Sr Stroking		PreCanskate	JD	JR Dance	Int/Sr Skills
5:00 - 5:15	JR Int/Sr Stroking	Int/Sr Open			JD	JR Free	Int/Sr Free
5:15 - 5:30	JR Free	Int/Sr Open		Canskate	JD	JR Free	Int/Sr Free
5:30 - 5:45	JR Free	Int/Sr Open			JD	JR Free	Int/Sr Free
5:45 - 6:00	JR Free	Int/Sr Open			JD, JR Stroking		JD
6:00 - 6:15			Flood		JD	JR Free	
6:15 - 6:30			Int/Sr Dance		JD	JR Free	
6:30 - 6:45			Int/Sr Skills		JD	JR Free	
6:45 - 7:00			Int/Sr Free		JD, JR Stroking		
7:00 - 7:15			Int/Sr Free				
7:15 - 7:30			Int/Sr Free				

**Off-Ice**

Tuesday	Thursday	Friday
4:00 - 4:40pm Int/Sr Jump	4:00 - 4:30 pm JR Fitness	5:00 - 5:30 JR Stretch
5:10 - 5:45 pm JR Jump	4:50 - 5:30 Int/Sr Fitness	5:50 - 6:30 Int/Sr Stretch

\*Open sessions. Skaters must have passed complete Preliminary Dance set

\* Int/Sr sessions. Skaters must passed Preliminary Skills or be 14 years of age

**Register on-line at [www.derrickskating.ca](http://www.derrickskating.ca)**

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Saturday			Saturday		
September - December			January - March		
			9:00 - 9:30	Open Edges	
9:30 - 9:45	JD	JR Dance	9:30 - 9:45	JD	JR Dance
9:45 - 10:30	JD	JR Free	9:45 - 10:30	JD	JR Free
10:30 - 10:45	JD, JR Stroking		10:30 - 10:45	JD, JR Stroking	
10:45 - 11:15	PreCanskate		10:45 - 11:15	PreCanskate	
11:15 - 12:00	Canskate		11:15 - 12:00	Canskate	
			1:30 - 2:00	PreCanskate	
			<b>2:00 - 2:45*</b>	<b>Canskate *</b>	
			3:00 - 5:00	OPEN/ Dance Partnering	

**\*NOTE Dec 15, 2010. The Saturday afternoon CanSkate schedule has changed.**  
 The 1:30 pm and 2:15 pm classes previously scheduled will now begin at 2:00 pm, after PreCanSkate.

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